

# October



#FMin30Day

## Functioning Minimalist

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Kitchen counter and sink
2 Bathroom counter	3 Desk	4 Dining table and coffee table	5 Nightstands and miscellaneous tabletops	6 Under the bed	7 Bookcase and miscellaneous shelving	8 Kitchen cabinets
9 Fridge/freezer and pantry	10 Bathroom drawers and shower shelves	11 Junk drawer	12 Cleaning supplies	13 Clothing	14 Shoes	15 Accessories and jewelry
16 Linens (sheet sets, pillow cases, blankets, and towels)	17 Skincare, make-up, and body products	18 Books and magazines	19 Entertainment: movies, board games, and video games	20 Backpack/purse	21 Unfollow social media accounts that inspire negativity	22 Phone: delete unused apps, outdated contacts, and excess photos
23 Delete emails + unsubscribe from unwanted mailing lists	24 Computer clutter	25 Back up computer and phone	26 Car	27 Garage/alternative storage closets or units	28 Evaluate calendar and time commitments	29 Sentimental boxes
30 Whole home once-over	31 Celebrate!					